

護理學學士學位課程 Bachelor of Science in Nursing Programme (BSN)

課程設置按照生命週期（母嬰、兒童及青少年、成人、老年）編排，培養學生的六個核心才能：護理照顧、溝通合作、倫理法律、管理、專業發展以及個人發展。

The curriculum is arranged according to a life cycle (childbearing, childhood, adolescent, adulthood, older adulthood) to cultivate students' six core competences, namely nursing care, communication and cooperation, ethics, law, management, professional development, and personal development.

基於社會責任和保證教學質量，除在內部設立一系列素質保證機制，學院自 1997 年起，每隔數年便自發邀請國際護理專家為課程進行評鑑。2023 年國家教育部教育質量評估中心對課程進行認證，進一步推動學院與內地、特別是粵港澳大灣區在護理專業教育上的共同發展。

Based on social responsibility and ensuring the quality of teaching, in addition to establishing a series of internal quality assurance mechanisms, the College has self-arranged for international nursing experts to evaluate the BSN programme every few years since 1997. In 2023, the Education Quality Evaluation Agency of the Ministry of Education, P.R.C. conducted the programme accreditation, further promoting the concerted development of nursing professional education between the College and the Mainland, especially with the Guangdong-Hong Kong-Macao Greater Bay Area

就業前景：

歷屆畢業生獲聘率接近 99%，於本地或境外各大醫院、衛生中心、醫藥公司、醫療中心、托兒所、老人院舍、學校、公營和私營社會服務機構，大型娛樂場等護理工作。也有人會選擇繼續追求學術生涯，在本地、海內外攻讀碩士、博士學位。

Regarding employment prospects, the employment rate of graduates is exceeding 99%, and they are employed in major local or non-local hospitals, health centres, pharmaceutical companies, medical centres, nurseries, nursing homes for older adults, schools, public and private social service organisations, and large casinos to carry out nursing related work. There are also graduates who choose to continue pursuing an academic career, studying for a master's or doctoral degree locally or overseas.



課程設置 Curriculum

必修科目

學科單元／科目	種類	面授學時	學分
第一學年			
社會與健康	必修	45	3
心理學	"	45	3
人類生物學 I	"	30	2
人類生物學 II	"	45	3
人類生物學 III	"	30	2
護理學基礎 I	"	30	2
護理學基礎 II	"	30	2
健康評估	"	45	3
微生物－免疫學	"	45	3
臨床學習導入 ¹	"	80	2
體育運動 ²	"	15	1
憲法與基本法 ²	"	45	3
學術寫作 ³	"	15	--
國情博覽 ³	"	45	3
澳門護理歷史 ²	"	15	1
第二學年			
病理生理與藥物學	必修	60	4
家庭－母嬰－婦產科護理學	"	45	3
成人護理 I－活動與休息	"	37.5	2.5
成人護理 II－氧的作用與維持	"	60	4
護理學基礎 III	"	30	2
兒童及青少年健康護理	"	45	3
護理研究導論	"	45	3
健康照護倫理與法律	"	30	2
臨床學習 I ¹	"	160	4
臨床學習 II ¹	"	160	4
第三學年			
成人護理 III－營養與代謝	必修	37.5	2.5
成人護理 IV－排泄與性	"	37.5	2.5
成人護理 V－感覺與知覺	"	37.5	2.5
精神健康護理	"	45	3
感染控制	"	30	2
社區健康護理	"	45	3

老年護理	"	45	3
重急症護理	"	30	2
臨床學習 III ¹	"	160	4
臨床學習 IV ¹	"	240	7
第四學年			
護理管理	必修	45	3
總結項目－解決問題促進健康	"	30	2
健康教育與促進	"	30	2
護理專業：趨勢與發展	"	30	2
臨床學習 V ¹	"	800	21

註：

1. 本學科單元／科目為實習。
2. 學生須於第一或第二學年修讀有關學科單元／科目。
3. 學生須於第一至第四學年內修讀有關學科單元／科目。

選修科目

學科單元／科目	種類	面授學時	學分
英語 I ¹	選修	30	2
英語 II ¹	"	30	2
英語 III ¹	"	30	2
語言與溝通	"	30	2
生命科學與人類生活	"	30	2
運動與健康	"	30	2
哲學概論	"	45	3
英語賞析	"	30	2
生死教育	"	30	2
美學與藝術療癒	"	30	2
人生設計	"	30	2
科技與健康照護	"	30	2
護理英語	"	30	2
中醫基礎與護理	"	45	3
衛生統計學	"	30	2
流行病學	"	30	2
營養與膳食	"	30	2
教育學	"	30	2
臨床推理與決策	"	30	2

護理理論	"	30	2
另類療法	"	30	2
紓緩及安寧療護	"	30	2
康復護理概論	"	45	3
學生只可選讀下列任一學科單元／科目：			
專題／學術講座（4場）	選修	—	1
專題／學術講座（8場）	"	—	2
學生只可選讀下列任一學科單元／科目：			
學生服務性活動（50小時）	選修	—	1
學生服務性活動（90小時）	"	—	2
學生只可選讀下列任一學科單元／科目：			
臨床交流學習（40小時）	選修	—	1
臨床交流學習（80小時）	"	—	2

註：

1. 按學生語言能力必須選讀以下任一方案：英語 I 及英語 II，或英語 II 及英語 III。
2. 完成課程所需的學分至少為 143 學分，其分配如下：修讀本附件表一所載的必修學科單元/科目，取得 126 學分；修讀本附件表二所載的選修學科單元/科目，至少取得 17 學分。
3. 學院每學年將指定可供學生選讀的學科單元/科目。



護理學碩士學位課程 Master of Nursing Programme (MN)

通過系統的理論學習和研究培訓，提升護士學術研究及解決問題能力，讓其具備國際視野，引領澳門護理專業發展。

Through systematic theoretical study and research training, nursing students can improve their academic research and problem-solving abilities. The Programme also provides them with an international perspective, and it stimulates the development of nursing profession in Macao.

就業前景：

畢業生能透過學術思維去分析、研判及解決臨床上遇到的難題，提供更有效率、優質的護理服務，推動護理業界發展。除護理服務，也可選擇應聘教學、科研等職務，踏上學者的道路。

Regarding employment prospects, graduates are able to analyse, reason and solve clinical problems through academic thinking, provide more efficient and high-quality nursing services, and promote the development of the nursing industry. In addition to nursing services, they can also choose to apply for teaching, scientific research, etc. to become scholars.

課程設置 *Curriculum*

必修科目 (21 學分)

學科單元 / 科目	種類	課時	學分
轉變中的醫療健康環境	必修	45	3
循證護理實踐	必修	45	3
學術研究	必修	45	3
統計應用	必修	45	3
論文	必修	135	9

註：論文包括呈交原創學術論文及公開口頭答辯

選修科目 (9 學分)

學科單元 / 科目	種類	課時	學分
專題講座	選修	45	3
臨床教與學	選修	45	3
全球護理專業議題與趨勢	選修	45	3
進階健康教育與促進	選修	45	3
高級護理實踐導論	選修	45	3
護理領導與管理	選修	45	3
高級健康評估	選修	45	3
質性研究方法與資料分析	選修	45	3
公共衛生與感染控制	選修	45	3
創新與產業發展	選修	45	3
老齡康復與多元照護	選修	45	3

註：(1) 完成五門必修科目 (21 學分) 及三門選修科目 (9 學分) 合共 30 學分者，並符合課程文件中相關規定者，可取得護理碩士學位。

(2) 每位修讀本課程的學生只會獲頒發一種畢業證書。

護理學專科碩士學位課程 Master of Advanced Nursing Practice Programme (MANP)

課程教授專業護理技能，設置跨專業團隊之工作計劃，並培養具備國際視野及引領澳門的護理專業發展護士，學生在完成課程後能在原崗位上發揮所學，服務社會。

The curriculum is designed to instruct professional nursing skills, work plans for interdisciplinary teams, and cultivates nurses with international perspectives who lead the development of nursing profession in Macau. Upon completion of the programme, students can serve the community and enhance the quality of nursing skills and services.

此課程獲核准為護理專科基礎培訓，申請人需於報讀時須具備以下條件，方能於完成課程後獲得護理專科基礎培訓資格：

- 本澳居民；
- 持有護理學或相關專業的學士學位；
- 持有由本澳具權限機關發出的護士資格認可證書；
- 具備在本澳醫院、社區衛生中心，及／或社區醫療服務機構至少三年的臨床護理工作經驗。

This programme is approved as a foundational training programme for specialist nurse. Applicants of this programme shall meet the following requirements while application to obtain the foundational specialist nurse training qualification:

- Macao residents ;
- hold a bachelor's degree in nursing or relevant majors ;
- Nursing qualification certificate issued by authorised entities in Macao ;
- At least three years of clinical nursing work experience in local hospitals, community health centres, and/or community medical service organisations .

就業前景：

畢業生將擁有深化護理知識和專業技能，在不同的領域和職業生涯中揮所長，開啟更廣泛的護理職業發展及前景。

Graduates will possess enhanced nursing knowledge and professional skills, enabling them to excel in various fields and career paths, thus unlocking broader nursing career development and prospects.



課程設置 Curriculum

學科單元 / 科目 Subject	種類 Type	課時 Credit hr.	學分 Credit
高級健康評估 Advance health assessment	必修 Compulsory core subject	45	3
護理領導與管理 Nursing leadership and management		45	3
高級護理實踐導論 Concepts of Advanced Practice Nursing		45	3
臨床實習及實習報告 Clinical practicum and practicum report		360	9
學生選讀下列其中兩個科目 select any two subjects from the following subjects			
循證護理實踐 Evidence-based Practice	選修 Elective core subject	45	3
進階健康教育與促進 Advanced health education and promotion		45	3
高級病理生理學 Advanced pathophysiology		45	3
高級臨床藥理學 Advanced pharmacology		45	3
學生必須選讀下列任一個選修護理專科科目 compulsory to choose one elective nursing specialty subject from the following subjects *課程護理專科專題將由學院按屆指定 *elective nursing specialty subject will be designated by the Comissão de Especialidades de Enfermagem			
重急症護理 Acute and Critical care nursing	選修護理專 科科目 Elective nursing specialty subject	90	6
心科護理 Cardiac Nursing		90	6
外科護理 Surgical Nursing		90	6
內科護理 Medical Nursing		90	6
紓緩護理 Palliative care nursing		90	6
兒科及新生兒護理 Pediatric and Neonatal nursing		90	6
老年護理 Geriatric nursing		90	6



應用老年學碩士學位課程 Master of Applied Gerontology Programme (MAG)

課程設置為綜合應用老年學的跨學科知識，以實證為本解決複雜的老齡問題，並策劃跨專業團隊工作計劃，為長者及其家庭提供優質的全人照護，並同時具備相關領域學術研究的能力，評價老齡相關議題，分析長者生活質量數據及老齡政策，以倡導積極老化的社會環境，及具備國際視野，以引領澳門的老年學專業發展。

The programme is designed to integrate interdisciplinary knowledge of applied gerontology, using evidence-based approaches to address complex aging issues. It involves planning interdisciplinary team projects to provide high-quality holistic care for the elderly and their families. It aims to cultivate skills in academic research in related fields, evaluating aging-related issues, analysing data on elderly quality of life, and aging policies to advocate for an age-friendly social environment. Furthermore, graduates are able to equip an international perspective to lead the professional development of gerontology in Macau.

就業前景：

畢業生完成課程後能社會服務機構從事長者服務或管理工作，或安老院舍從事長者照護或管理工作以及醫療機構從事長者醫療與照護工作（具有當地醫療人員專業執照者）。

Graduates will be able to work in social service organisations to provide elderly services or management, in nursing homes providing elderly care or management, and in healthcare institutions providing medical and caregiving services for the elderly (for those who are holding relevant valid local professional licenses).

科目 Subject	種類 Types	課時 Credit Hours	學分 Credits
老齡與社會 Ageing and Society	必修 Compulsory	45	3
長者健康管理與跨專業照護 Health Management and Interdisciplinary Care of Older Adults		45	3
研究方法 Research Methods		45	3
統計應用 Applied Statistics		45	3
項目報告 Capstone Project		--	6
學生選讀下列四門科目，以取得12學分 Students take 4 elective subjects in order to acquire 12 credits			
老齡服務規劃及機構管理 Senior Services Planning and Long-Term Care Facilities Management	選修 Elective	45	3
實踐為本的學習 Practice Based Learning		45	3
溝通與輔導技巧 Communication and Counselling Skill		45	3
生命末期照護概論 Introduction to End of Life Care		45	3
老齡康復與多元照護 Gerontological Rehabilitation and Diversified Healthcare		45	3
了解失智症人士：從診斷到管理 Understand People Living with Dementia: From Diagnosis to Management		45	3
失智症照護：挑戰與循證實踐 Dementia Care: Challenges and Evidence-Based Practice		45	3
專題講座 Seminar on Special Topics		45	3
質性研究方法與資料分析 Qualitative Research Methodology and Data Analysis		45	3
創新與產業發展 Innovation and Industry Development of Healthcare		45	3

哲學博士學位(護理學)課程 Doctor of Philosophy (Nursing) Programme (PhD)

課程培育高層次護理人才，開展原創研究和學術探究，掌握護理學專門領域的知識體系及前沿發展，成為護理研究專家並持續演進及引領護理專業。

The programme cultivates high-level nursing professionals, with the ability of engaging original academic research, mastering nursing knowledge and frontier developments in nursing. Graduates will become nursing experts, and continuously evolving and leading the nursing profession.

就業前景：

畢業生完成課程後將具有深度的學術和研究能力，成為護理學領域的專家，未來在學術、研究、政策及臨床方面演進及推動護理發展，亦可應聘護理教師、從事研究工作及在醫療衛生機構從事臨床研究、循證實踐或/及品質監控工作。

Graduates will possess advanced academic and research abilities, becoming experts in the nursing field. Evolving drive nursing development in academic, research, policy, and clinical areas. Graduates can apply for nursing educators, researchers, clinical researchers, evidence-based practice, and/or quality monitoring.

科目 Subject	種類 Types	課時 Credit Hours	學分 Credits
專業學術探索 Professional Academic Inquiry	必修 Compulsory	45	3
高級量性研究設計與分析 Advanced Quantitative Design and Analysis		45	3
質性研究方法與資料分析 Qualitative Research Methods and Data Analysis		45	3
論文 Thesis		--	18
學生選讀下列任一科目* <i>Each student chooses one of the following subjects*</i>			
多元健康觀 Multiple Perspectives in Health	選修 Elective	45	3
創新與產業發展 Innovation and Industry development of healthcare		45	3

